Contribution of The Bhagavad Gita in Theory and Practice of Education: A Framework of Systematic Literature Review

Milan Kumar Jana
Research scholar, Department of Education, The University of Burdwan, Golapbag,713104.

*Dr. Chandan Adhikary
Associate Professor, Department of Education, The University of Burdwan, Golapbag,713104.

Abstract

The Bhagavad Gita is a literary composition presented in the form of a dialogue between Krishna and Arjuna, taking place on the battlefield of Kurukshetra. Arjuna experienced a profound emotional impact upon witnessing his own kin turn adversaries on the battlefield. The Bhagavad Gita is delivered on the battlefield as a means of inspiring him. According to Lord Krishna, he conveyed a message to Arjun. The text in question is widely regarded as the most significant scripture within the realm of Vedic philosophy. In the Bhagavad Gita, the interpretation of Education is infused with the principles of Karma Yoga, Gnana Yoga, and Bhakti Yoga. The Bhagavad Gita is a sacred Indian scripture to be followed in each aspect of our life. Hence, this study focuses on the analytical review of the past researches as a systematic literature review (SLR) along with its meta-analysis and interpretation of the educational elements inherent in the Bhagavad Gita, highlighted in the scholastic representations of the researchers. The SLR pertains to the impact of the Bhagavad Gita as a part of educational philosophy, namely encompassing the essence of education, its objectives, and its significance in the curriculum, teaching methodologies and procedures, assessment approaches, as well as the roles of both learners and teachers within an educational context and finally the various approaches to leading a life that encompasses both spiritual and material aspects.

Keywords: The Bhagavad Gita. Systematic Literature Review. PSALSAR. Educational Values

I. Introduction

The Bhagavad Gita is a sacred scripture that holds significant philosophical and spiritual teachings. The principles of education clearly elucidate that education is an essential requirement with both spiritual and social dimensions. It is the establishment and foundation of a value system [1-3]. Education is a transformative process aimed at nurturing the whole development of individuals [4-5]. This suggests that the acquisition of information, skill, ability, and insight is essential for leading a *Karmic* and *Dharmik* existence [6]. The Bhagavad Gita has been studied as portrayed in the domain of the researchers through the medium of analytical review. Analytical review is a process of reviewing the existing studies done in the selected field of research. It has two processes viz., Systematic Literature Review (SLR) and Meta-Analysis (MA). Systematic Literature Review (SLR) enables the gathering of appropriate information relating to a specific subject matter while adhering to specified eligibility criteria in order to address the stated research questions [7-8]. Meta-analysis is a systematic approach that generates information from several research projects, including both qualitative and quantitative methodologies, in order to generate new knowledge. Meta-analysis is a method of statistical analysis that employs precise metrics, such as effect sizes, to quantify the size of associations between variables among the studies contained in the study [9-11]. It can be descriptive and inferential in its process.

II. Objectives of the Study

The present study has aimed to analyse the following points:

1. To study the existing literature for identifying the key principles of the Bhagavad Gita useful in educational theory and practice.

2. To categorize the sources for establishing a systematic literature review and meta-analysis.

III.   Method

In the present study, a review is done by applying PSALSAR model. As per Mengista et al. (2020) [9] the acronym PSALSAR indicates Protocol, Search, Appraisal, Synthesis, Analysis and Report. Protocol defines the scope of the study, Search defines searching string and type of data bases, Appraisal is about selecting related studies through inclusion and exclusion and determines the quality criteria, Synthesis is extracting the data and categorizing the data for further analysis, Analysis uses the steps like data analysis, result, discussion and conclusion and finally Report is about summarizing the result. A clear picture of PSALSAR model is best depicted in Fig. 1.
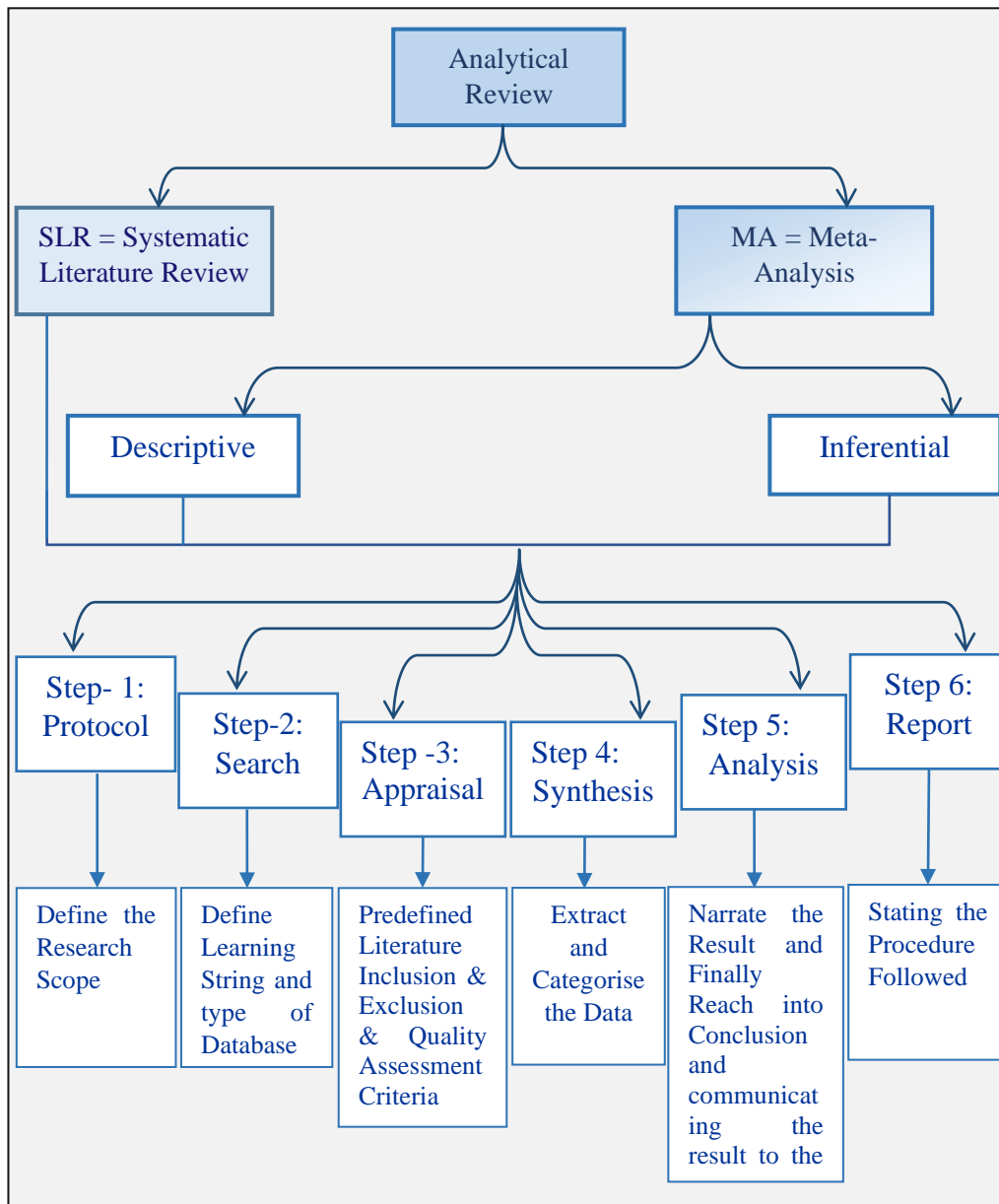

Fig. 1. Analytical Review Framework (PSALSAR)

SLR Methodology Step 1: Protocol

In analytical review protocol is the first step for initiating the investigation of the existing studies already done in the selected area of the research. This step includes identification of the boundary thereby determines the scope of the study, research questions and research method of the determined topic of research. This step incorporates Population, Intervention, Comparison, Outcome and Context for determining research scope. The PICOC framework has been given below in Table 1.

Table 1. PICOC Framework

Concept	Definition	SLR application
Population	The research work addressing the Analysis of The Bhagavad Gita.	The present study focuses on the various forms of the Bhagavad Gita.
Intervention	Available techniques utilized to approach the identified domains of The Bhagavad Gita.	Indication of the gaps for exploring different aspects of the Bhagavad Gita which may be employed in pedagogical practices for empowering and motivating the 21st century learners.
Comparison	Using the techniques to contrast the intervention.	Identifying the difference in types of analysis and interpretative methods for establishing the relation between the Bhagavad Gita and education.
Outcome	Assessing the knowledge and the gaps in the study.	The existing knowledge on the Bhagavad Gita, method of theoretical analysis, methodology for practical application and limitation.
Context	The setting of the population	Domains of the Bhagavad Gita in relation to the application of these to education.

SLR Methodology Step 2: Search

It is the appropriate strategy to define search strings and the relevant databases. The database depends on the nature of the study. The searched terms for The Bhagavad Gita are- "Analysis of Srimad Bhagavad Gita", "teachings of Srimad Bhagavad Gita", "Srimad Bhagavad Gita and Life Skills", "Srimad Bhagavad Gita and psychology", "Srimad Bhagavad Gita and Science", "Srimad Bhagavad Gita and law", "Srimad Bhagavad Gita and literature", "Srimad Bhagavad Gita and language", "Srimad Bhagavad Gita and method of research study", "Srimad Bhagavad Gita and ethics" etc. The searching of the sources follows some criteria for selection of the same, which are stated inn Table 2.

Table 2. Inclusion Exclusion criteria

Criteria	Decision
The predefined key words exist in the title of the paper, keywords and abstract of the downloaded paper.	Included
The paper /articles downloaded from Scopus indexed or web of science journal (peer reviewed).	Included
The papers having the language: English	Included
Sources related to the objectives of the present study.	Included
Duplicate papers.	Excluded
Inaccessible papers, papers having improper publication date, grey literature and meta data	Excluded
Papers which are not original	Excluded
Papers/ articles published before 2000	Excluded

SLR Methodology Step 3: Appraisal

This phase is about the screening of the downloaded papers and selected after applying inclusion and exclusion criteria. The screening for the sources of the Bhagavad Gita follows several steps which have been depicted in Fig.2.
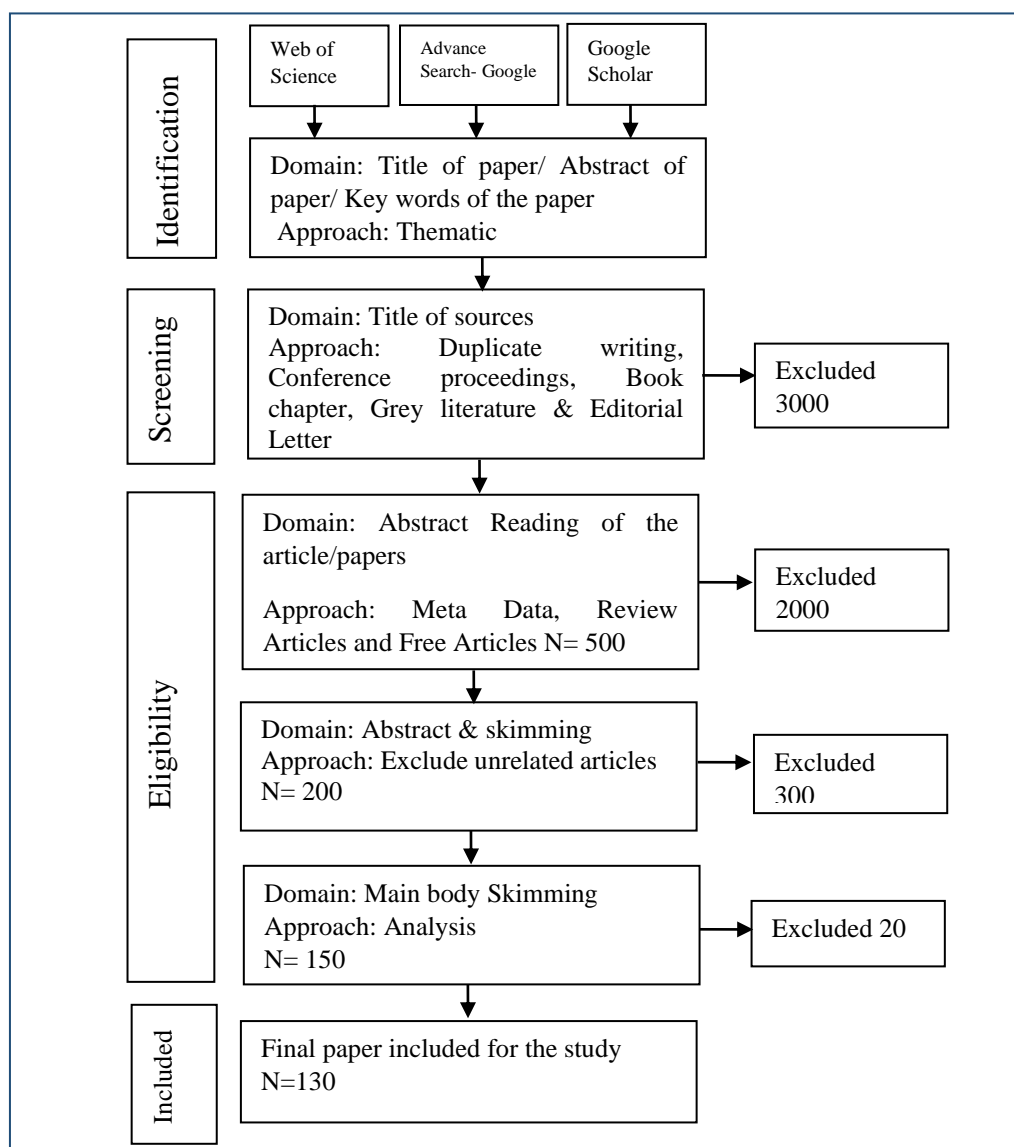
Fig. 2. Inclusion Exclusion framework

SLR Methodology Step 4: Synthesis

The synthesis contains extraction and clarification of the data from the papers collected from multiple sources. To satisfy the SLR objectives several parameters have been used to assess the existing study in relation to the present study. The parameters include year of publication, methodology, key variables and the findings of the study. These parameters have been used in table under analysis.

SLR Methodology Step 5: Analysis

This step of SLR contains thematic analysis and interpretations of the data. It covers evaluation of the synthesized data, the extraction of the meaningful data and conclusion of the study through satisfying the research questions, interpretations of the result, making decision and inference for further research. The following study on the dimension of the Bhagavad Gita has several parameters for interpretations, though the small view of it is presented in Table 3.

Table 3. Analysis of the sources

Sl. No.	Title	Authors
	Domain- Covid-19	
1.	COVID‑19, Moral Injury and the Bhagvad Gita.	Menon et al., (2021) [12]
2.	Strengthening Hope in context of Bhagavad Gita during COVID 19 Crisis.	Tiwari, P., (2020) [13]
3.	Recontextualizing the Teachings of the Gita to Higher Education in the COVID-19 Pandemic Context	Kamali, H. C. (2022) [14]

Sl. No.	Title	Authors
4.	Resilience and Coping Strategy of Bhagavad-Gītā Readers on The COVID-19 Pandemic in Bali.	Surpi et.al. (2021) [15]
Domain: Mental Health		
5.	Bhagavad Gita and Psychotherapy: Relevance and Applications	Mishra et al. (2023) [16]
6.	The Overlapping Principles of Bhagavat Gita and Contemporary Psychotherapies	Phogat et al. (2020) [17]
7.	Examining Role Stress through the Gunas Framework: An Exploratory Study	Kumar, D., & Singh, P. T. (2020) [18]
8.	Bhagavad Gita for the Physician	Kalra et al. (2017) [19]
9.	Depression among the College Students: An Empirical Study	Karmakar, T., & Behera, S.K. (2017) [20]
10.	Mental health in Bhagavad Gita	Pattabhiram, B.V., & Deekshitulu, B. P. V. (2017) [21]
11.	Stress Management among Teachers: The Bhagavad Gita's Approach	Sharma, S., & Shakir, M. (2017) [22]
12.	Stress management and coping embedded in the Bhagwad Gita	Verma, N., & Singh, A. (2014) [23]
13.	Psychotherapy- Insights from Bhagavad Gita	Reddy, M.S. (2012) [24]
14.	The Gita: A Healing Revelation	Long, J.D. (2015) [25]
15.	Psychotherapy in the Bhagavad Gita, the Hindu Scriptural Text	Pandurangi et al. (2014) [26]
16.	Does submission to a deity relieve depression? Illustrations from the book of Job and the Bhagavad Gita	Price, J.S., & Gardner, R. (2009) [27]
Domain: Life Skills		
17.	Life skills from Bhagavad Gita: a vital enabler for leadership excellence in pandemic times and the world beyond	Bansal, M., & Kapur, S. (2022) [28]
18.	A Study of Dimensions of Shrimad Bhagavad Gita for an Ideal and a Successful Student	Kelkar, R., & Mahajan, D. (2021) [29]
19.	Analysis of Shrimad Bhagavad Gita with reference to teacher qualities to promote life skills among students	Hemaletha, P. K. (2021) [30]
20.	Bhagavad Gita for Everyday Life	Jayanti, S.V. (2020) [31]
21.	Bhagavad Gita: It's Role in Transforming Youth Problems	Bajpai et al., (2019) [32]
Domain: Professional Development and Ethics		
22.	Identifying Elements of the Code of Professional Ethics for Teachers in the Bhagavad Gita: A Hermeneutic Study	Sahni. N., & Rao. K.S. (2017) [33]
23.	The Gita's ethics a critical study	Chakraborty, A. (2017) [34]
24.	Need of Bhagavad Gita Concepts in the Present Scenario of Professional Education	Sharma, B., & Ramachandran, M. (2015) [35]
25.	Comparative reading of Bhagavad-Gita and universal declaration of human rights from the branch of philosophy called ethics	Aryal, S. (2015) [36]
Domain: Pedagogical Practices		
26.	Inculcating the Pedagogies from Bhagavad Geeta for Improving Human Behavior	Vashishtha et al. (2023) [37]
27.	Impact of Bhagavad Gita Course on College Students: A Study Based on Students Feedback	Lolla. A. (2020) [38]
28.	Bhagavad Gita teachings and positive psychology: Efficacy for semi-urban Indian students of NCR	Dabas, P., & Singh, A. (2018) [39]
29.	Bhagvadgita: A Bird's Eye View of Its Historical Background, Formation, and Teaching	Saha, N. (2018) [40]
30.	E-teaching capsule for Srimad Bhagavad Gita	Patel, P.K. (2018) [41]
31.	Decision support system for the teachings of Bhagvad Gita and Radhasoami faith	Dharampal, S. (2011) [42]
32.	Lord Krishna as a Deconstructionist Teacher in the Bhagavad Gita	Kamali, H.C. (2021) [43]
Domain: Morality		
33.	Reflection on Philosophy of Value Oriented Education Regarding the Teaching of Bhagavad Gita	Kalita, S. (2018) [44]
34.	A critical Appraisal of Human Rights Followed by Universal Ethics in United Nations Universal Declaration of Human Rights and Bhagavad Gita	Chand, B. (2017) [45]
35.	Ethics and Spirituality of Sustainability: What Can We All Do?	Dhiman, S.K. (2016) [46]
Domain: Spirituality		
36.	The Knowledge of "Self" from the Bhagavad-Gita and Its Significance for Human Capital Development	Sathpathy, B., & Muniapan, B. (2008) [47]
37.	Encountering the Ultimate in the Bhagavad Gītā: An Experience of Pratyabhijña (Recognition)	Long, J. D. (2018) [48]
38.	The Hindu view on facts (Karman) as reflected in Bhagavad Gītā and Upanishads and their role in Christianity	Arion, A.C. (2017) [49]

Sl. No.	Title	Authors
	Domain: Society	
39.	Decoding the Bhagavad Gita to the Present Context	Jeeva, J.V., & Grace, L.F.M. (2017) [50]
40.	Human resources in Bhagavad Gita	Ganesan, D. (2015) [51]
41.	The concept of selfless action and its social dimensions in the Bhagavad Gita	Asha, K. B. (2004) [52]
42.	The Cover-up of the Mentions to the Castes in Bhagavad Gītā	Botelho, O.D.C. (2018) [53]
43.	Dating the Bhagavadgita, a Review of the Search for Its Original, and the Class-Caste System with Its Genetic Evidence	Kuiken, G. D. C. (2016) [54]
44.	UNESCAP's characteristics of good governance from the philosophy of Bhagavad-Gita and its Contemporary relevance in the Indian context	Sathpathy et al. (2013) [55]
	Domain: Environment	
45.	Environment and Environmental awareness in the Bhagavad Gita	Pramanik, J., & Sarkar, B. (2018) [56]
46.	Reading the Bhagavad Gita from an Ecological Perspective.	Nelson, L.E. (2000) [57]
	Domain: Philosophy	
47.	Awakening with the Bhagavad Gita	Shrivastava, R. (2020) [58]
48.	Role of Shreemad Bhgwad Gita in Gandhi's Politics	Tiwari et al. (2019) [59]
49.	Reflection on Philosophy of Value Oriented Education Regarding the Teaching of Bhagavad Gita	Kalita, S. (2018) [60]
50.	Rajayoga Consummation [Kundalini] Karma-Jnana-Bhakti -Dhyana: Yoga of Gita Expounded by Saint Shri Dnyaneshwar	Lele, V.V. (2018) [61]
51.	Nishkam karma and the Categorical Imperative: A Philosophical Reflection on the Bhagavad Gita	Pathak, K.M., (2014) [62]
52.	UNESCAP's characteristics of good governance from the philosophy of Bhagavad-Gita and its contemporary relevance in the Indian context	Sathpathy et.al. (2013) [63]
53.	The Knowledge of "Self" from the Bhagavad-Gita and Its Significance for Human Capital Development.	Satpathy, B. (2008) [64]
54.	The Perennial Philosophy in the Bhagavadgita: Where the East and the West Meet	Bhandari, S.R., (2021)
55.	The Traces of the Bhagavad Gita in the Perennial Philosophy-A Critical Study of the Gita's Reception Among the Perennialists	Widigdo, M.S.A., (2020)
56.	Arjunopākhyāna: An Idealist Non-Dualistic Translation of the Bhagavadgītā	Cohen, T. (2019) [67]
57.	The Philosophy of the Bhagavad Gita: A Contemporary Introduction	Keating, M. (2019) [68]
58.	Living the Bhagavad Gita at Gandhi's Ashrams	McLain, K. (2019) [69]
59.	Rebirth According to the Bhagavad Gita; Epistemology, Ontology and Ethics	Theodor, I. (2017) [70]
60.	Exploring the Bhagavad Gītā: Philosophy, Structure and Meaning.	Theodor, I. (2016) [71]
61.	Liberation and Non-Attachment: Arjuna's Fear in the Bhagavad-Gītā	Simoes, S. (2015) [72]
62.	The Bhagavad Gita: The Roadmap to Conscious Evolution: Understanding the Eternal Reality of Consciousness	Chopra, S. (2013) [73]
63.	The 'Dharma' and 'Karma' of CSR from the Bhagavad-Gita	Muniapan, B., & Satpathy, B. (2013) [74]
64.	The *Bhagavadgītā*: Philosophy versus Historicism	Bagchee, J., (2011) [75]
65.	Freedom and Desire in the *Bhagavad Gītā*	Briggs, E.J. (2008) [76]
66.	The Gita's 'Equal Eye' Resourcing a Christian Concept of Neighbor without Limit	Sheveland, J.N., (2007) [77]
67.	Ontological Orientation and the Practice of Rhetoric: A Perspective from the Bhagavad Gita.	Stround, S.R. (2005) [78]
	Domain: Psychology	
68.	Weaving Together the Ancient and the Contemporary: Intersections of the Bhagavad Gita with Modern Psychology	Dhillon, M. (2023) [79]
69.	Psychological Implications of Counseling of Arjuna by Krishna in the Bhagavad Gita and its Relevance in the Contemporary Field of Psychology and Education	Sehrawat et al. (2022) [80]
70.	Developing Positive Attitude through Bhagavad Gita	Mishra, V., & Tyagi, R. (2020) [81]
71.	From Self to Self- Positive: Exploring Positive Psychology in the Bhagavad Gita	Akshda, I., & Kapoor, T. (2019) [82]
72.	Bhagavad Gita teachings and positive psychology: Efficacy for semi-urban Indian students of NCR	Dabas, P., & Singh, A. (2018) [83]
73.	Ensuring Personality Development through Bhagavad-Gita's teachings	Shrivastav, P. S. (2016) [84]
74.	Formulating a New Three Energy Framework of Personality for Conflict Analysis and Resolution based on Triguna Concept of Bhagavad Gita	Modh, S. (2014) [85]
75.	Personality Development in the Bhagavad Gita -a Critical Study	Murgod, A.G. (2012) [86]
76.	Concept Triguna: A critical analysis and synthesis	Murthy, P. K., & Kumar, S. K. K. (2007) [87]
77.	'I have regained memory' (*smṛtir labdhā*): The *Bhagavad Gītā* as a parrhesiastic journey against forgetfulness	Formoso, R.F. (2020) [88]

Sl. No.	Title	Authors
Domain: Technology		
78.	Bhagavad-Gita to Boost AI Technology	Srivastava et al. (2021) [89]
Domain: **Science**		
79.	Mathematical Modeling of Bhagavat Gita: Algebraic Field of Human Resources	Kumar, S.J. (2020) [90]
80.	Bhagavad Gita and Science – a Review	Muralikrishna, D. (2019) [91]
81.	The Modulatory Effects of Hormones on Sato, Rajo and Tamo Guna	Bharati, P., & Rai, D.V. (2018) [92]
Domain: Law		
82.	Wisdom of Gita and interpretation of Dharma in terms of right to equality as a backbone of Indian legal system – A study from the perspective of education system in India	Khubalkar, D. (2021) [93]
83.	Introducing integral dimensions between law and Bhagavad Gita: overlapping elements and constitutional law principles	Parameswaran, K. (2015) [94]
84.	Natural law and the Bhagavad Gita	King, M.S. (2003) [95]
Domain: Literature		
85.	Confluence of Existential Concerns and the Concepts of Shrimad Bhagwadgita in the Western literature	Saini, V., & Rani, S. (2021) [96]
86.	Philosophy of Action and Self Actualization in Bhagavadgita and Shakespeare's Hamlet	Vithalrao, T.D., & Doke, Y.A. (2020) [97]
87.	The Influence of the Gita on the Fiction of Arun Joshi: A Thematic Study	Gupta, J. (2011) [98]
88.	Influence of the Gita on the Thought Poetry of T. S. Eliot	Jain, P. (2004) [99]
89.	Exploration of Deconstruction in the Gita: A Deconstructionist Reading	Kamali, H.C. (2017) [100]
Domain: Language		
90.	Semantic and Sentiment Analysis of Selected Bhagavad Gita Translations Using BERT-Based Language Framework.	Chandra, R., & Kulkarni, V. (2022) [101]
91.	Exploring the Constructs of Derrida's Religiosity in the Teachings of the Gita: A Comparative Study	Kamali, H.C. (2021) [102]
92.	Exploration of Deconstruction in the Gita: A Deconstructionist Reading.	Kamali, H.C. (2017) [103]
93.	Rhetorical Agency in The Bhagavad Gita	Nautiyal, J. (2013) [104]
Domain: Management		
94.	The Management Mantra of the Bhagavad Gita: Key to Organizational Excellence	Dhamija et al. (2023) [105]
95.	A Study on Ethical Principles of the Bhagavad Gita for Sustainable Leadership	Sharma, A., & Garg, P. (2022) [106]
96.	Bhagavad Gita: The Multidimensional scripture of India and Modern Management	Sain, K. (2021) [107]
97.	Management practices in Indian traditions	Taneja, M. (2021) [108]
98.	Henry Fayol's principles of Management and Bhagavad Gita – a Hermeneutics study	Lavanya, L. (2021) [109]
99.	Contemporary Relevance of Gita for Management and Enlightened Leadership	Anand, R. (2019) [110]
100.	Holistic Management the Indian Way	Anand, R. (2019) [111]
101.	Management Principles from Bhagavad Geeta an Ancient Scripture of India	Pillai et al. (2019) [112]
102.	Impact of Bhagavad Gita on the Leadership, Communication, Motivation & Decision-making Processes in the Corporate World	Anand, R. (2018) [113]
103.	Relationship of Spiritual Wisdom with management: the essence of the Bhagavad Gita	Pathak, R. (2018) [114]
104.	Exploring the Concept of Leadership with an Integrative Paradigm Emerging from Ancient Scriptures with focus on the Bhagawad Gita	Dutt, P. (2018) [115]
105.	An investigative study of Bhagavad Gita as a source for executive development	Balakrishnan, T. S. (2018) [116]
106.	Bhagavad Gita: The key source of modern management	Mukherjee, S. (2017) [117]
107.	A Study on Relationship between Principles of Management and Bhagavad Gita	Anila, K.P., & Krishnaveni, V. (2017) [118]
108.	Management Lessons from Bhagavad Gita	Nanda, S. (2016) [119]
109.	Gita for Contemporary Management: Holy Text with Secular Advice	Mahapatra, T. (2014) [120]
110.	Effective Executive Communication, the Bhagavad Gita Way	Balakrishnan, T.S. (2013) [121]
111.	Shrimad Bhagavad Gita: Search and Application of Values to Management	Agarwal, M. R. (2012) [122]
112.	Human Happiness: Management Lessons from Bhagwat Gita	Sharma, M. (2012) [123]
113.	Modern Management Through Ancient Indian Wisdom: Towards a More Sustainable Paradigm	Bhattacharjee, A. (2011) [124]
114.	Managing Thyself to be a Productive Manager: Insights from Bhagavad Gita	Weerasinghe et al. (2020) [125]
115.	Bhagavad-Gita: History's First Manual on Results-Based Management	Russon, C. (2013) [126]

Sl. No.	Title	Authors
Domain: Method of Study/ Theory		
116.	A Study on Karmayoga in Bhagavad Gita	Bhattacharjee, G. (2021) [127]
117.	Resilience in the Bhagavad Gita: a discourse analysis.	Garg. R. (2019) [128]
118.	Relevance of Bhagavad Gita to the postmodern era	Aiyar, N.L. (2019). [129]
119.	Triguna: A conceptual study and the development and validation of AHS scale	Swaroop, R., Salagame, K.K.K., & Kallahalla., A.B. (2016) [130]
120.	Toward a new hermeneutics of the Bhagavad Gita: Sri Ramakrishna, Sri Aurobindo, and the Secret of Vijnana.	Maharaj, A. (2015) [131]
121.	Bhagvad-Gita: Treatise of Self -help	Murthy, B.S. (2013) [132]
122.	A Short Synopsis of Srimad Bhagavad Gita in Selected Ten Verses	Harshavardhana, N.S., & Srinivas, K.G. (2022) [133]
123.	The Bhagavad Gita for Awakening: A Practical Commentary for Leading a Successful Spiritual Life	Burke, A.G. (2021) [134]
124.	Paradigm Lost: The Application of the Historical-Critical Method to the Bhagavad Gītā.	Adluri, V., & Bagchee, J. (2016) [135]
125.	*The Bhagavad Gita: A Biography* by Richard H. Davis	Rodrigues H. (2015) [136]
126.	Shraddha in the Bhagavad Gita, An investigation on the primeval expressions of the contemporary paradigm on heart philosophy	Turci, R. (2015) [137]
127.	The Bhagavadgita, Sen, and Anderson	Fritzman, J.M. (2015) [138]
128.	A Brief History of the Bhagavad Gita's Modern Canonization	Rao, M. (2013) [139]
129.	One Dialogue—Four Relationships: The Different Layers of Meaning in the Dialogue between Krishna and Arjuna in the Bhagavadgita	Minnema, L. (2011) [140]
130.	Multivalent Narratives and Indian Philosophical Argument Insights from the Bhagavad Gita	Stroud, S.R. (2002) [141]

SLR methodology Step 6: Report

The report phase of SLR describes and presents the methods followed and the produced results gathered from the selected literature [9]. The systematic review aimed to find, analyse and summarise theoretical and empirical studies published in the domain of the Bhagavad Gita over the last 10 years (Gumanova, N. & Sukolova, D., 2022) [142]. The systematic review is executed on the parameters like domain of subject, distribution of the no. of articles, research design, number of authors and year wise publication of the previous researches or papers in the Bhagavad Gita.

Domain specific sources and number of articles on the Bhagavad Gita

The sources of the Bhagavad Gita have been sub divided in eighteen domains viz. Covid 19, Mental Health, Life Skills, Professional development, Pedagogical Practices, Morality, Spirituality, Society, Environment, Philosophy, Psychology, Technology, Science, Law, Literature, Language, Management and Theoretical Study along with the frequency and percentage sharing of the same as mentioned below in Table 4. and Fig. 3.

Table 4. Domain specific sources and number of articles on The Bhagavad Gita.

Subject Domain	Frequency	Percentage
Covid	04	3.07
Mental Health	12	9.23
Life Skills	05	3.84
Professional Development	04	3.07
Pedagogical Practices	07	5.38
Morality	03	2.30
Spirituality	03	2.30
Society	06	4.61
Environment	02	1.53
Philosophy	21	16.15
Psychology	10	7.69
Technology	01	0.76
Science	03	2.30
Law	03	2.30

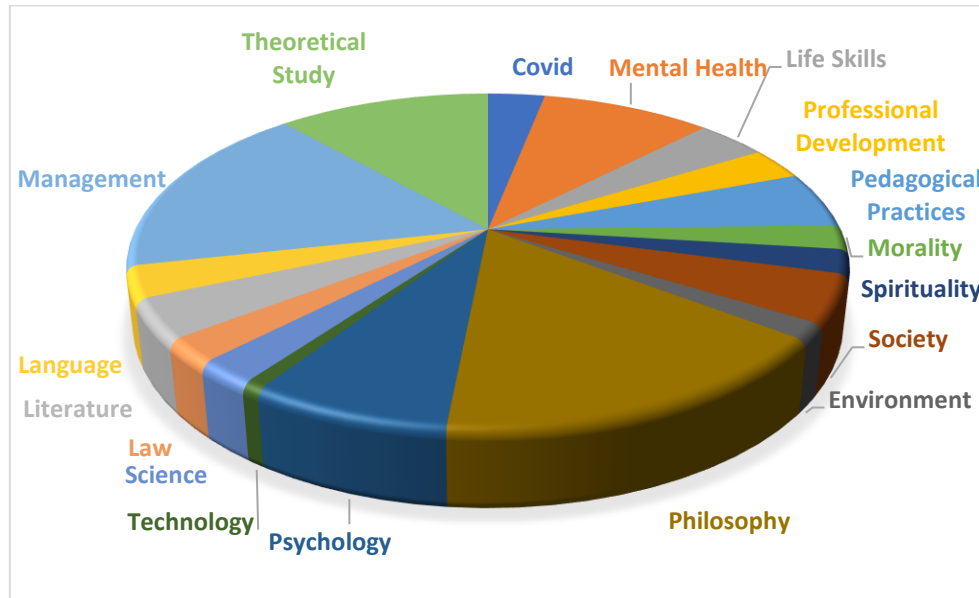|		
Literature	05	3.84
Language	04	3.07
Management	22	16.92
Theoretical Study	15	11.53

Fig. 3. Domain specific sources and number of articles on the Bhagavad Gita

Category of the Sources in the Bhagavad Gita

The sources have been categorized under Journal articles, Thesis, Book, Review articles and Editorial and the same are given in Table 5 and Fig.4.

Table 5. Various sources on The Bhagavad Gita

Category	Frequency	Percentage
Journal Articles	97	74.61
Thesis	19	14.61
Book	08	6.15
Review articles	06	4.61
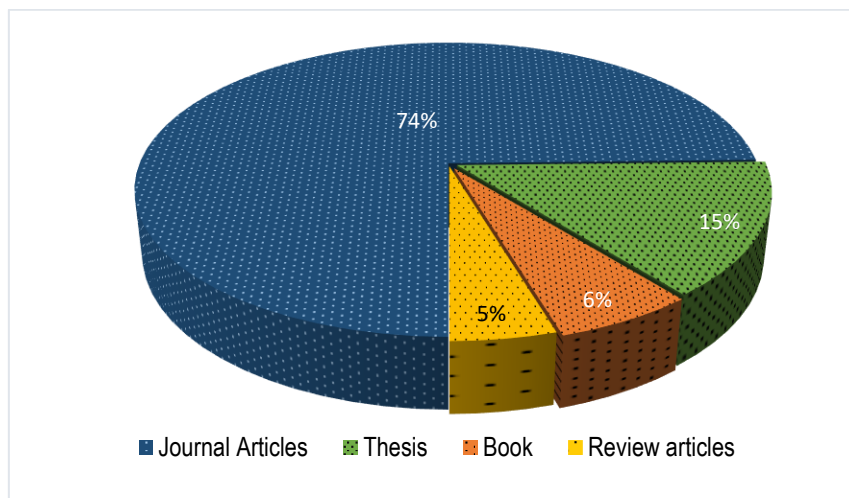
Fig. 4. Various sources on The Bhagavad Gita

Year wise publications on the Bhagavad Gita

The sources have been catalogued in the year wise publication starting from the year 2000 to 2022 as mentioned in the following Table 6 and Fig.5.

Table 6. Year wise publications on The Bhagavad Gita

Years	Frequency	Percentage
2023	04	3.07
2022	06	4.61
2021	15	11.53
2020	12	9.23
2019	12	9.23
2018	15	11.53
2017	14	10.76
2016	07	5.38
2015	10	7.69
2014	05	3.84
2013	09	6.92
2012	04	3.07
2011	05	3.84
2009	01	0.76
2008	03	2.30
2007	02	1.53
2005	01	0.76
2004	02	1.53
2003	01	0.76
2002	01	0.76
2000	01	0.76
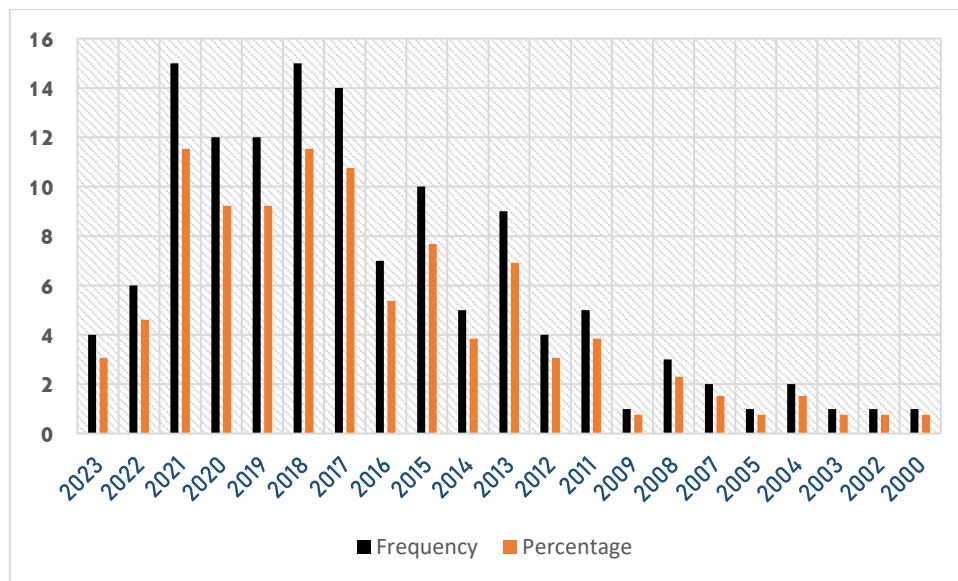
Fig. 5. Year wise publications on The Bhagavad Gita

Research design of the sources on the Bhagavad Gita

The sources on The Bhagavad Gita have been categorized on the type of research design like qualitative, quantitative and mixed research as mentioned below in Table 7 and Fig. 6.

Table 7. Research design of the sources on The Bhagavad Gita

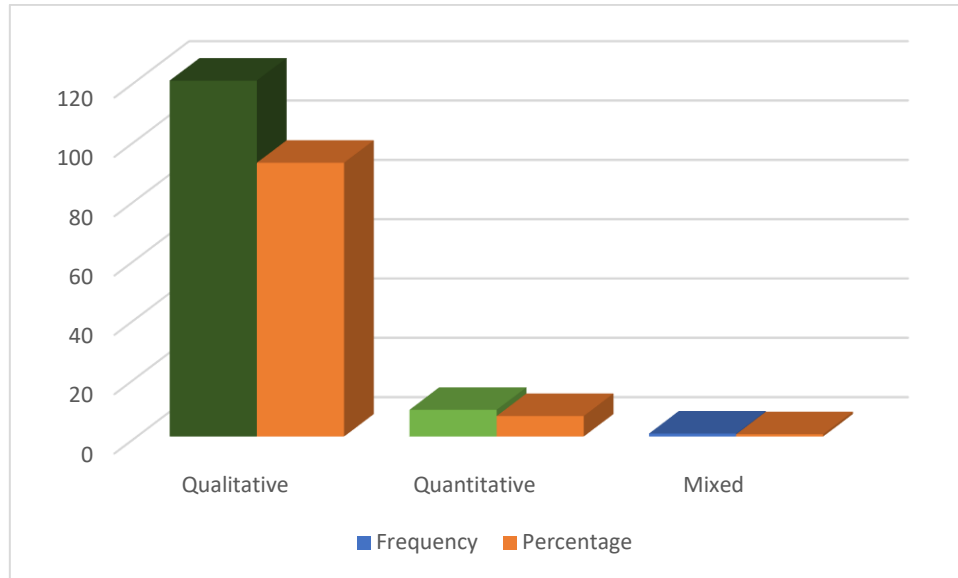| Research Methods	Frequency	Percentage
Qualitative	120	92.30
Quantitative	09	6.92
Mixed	01	0.76

Fig. 6. Research design of the sources on The Bhagavad Gita

No. of authors of the sources on the Bhagavad Gita

The following table (Table 8. and Fig.7.) shows the no. of authors in each article or source and these are categorized under one, two and three or more authored articles.

Table 8. No. of authors of the sources on The Bhagavad Gita

No of Authors	Frequency	Percentage
Single Authored	86	66.15
Co-Authored (2)	27	20.76
Multiple Authored (3 and more)	17	13.07
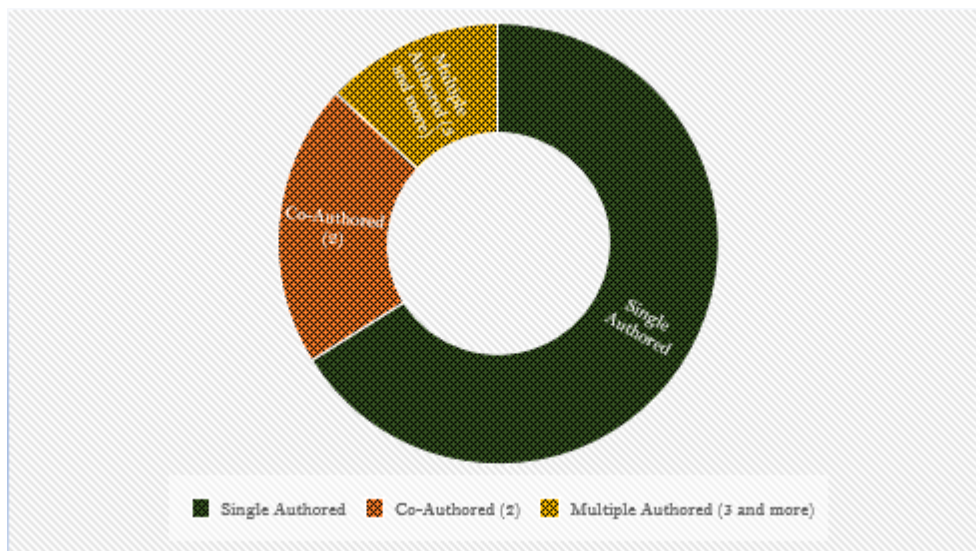
Fig. 7. No. of authors of the sources on The Bhagavad Gita

No of references of the articles on the Bhagavad Gita

The number of references in each paper or articles in The Bhagavad Gita is categorized in Table 9 and Fig.8.

Table 9. The no. of references of articles or sources on the Bhagavad Gita are mentioned below

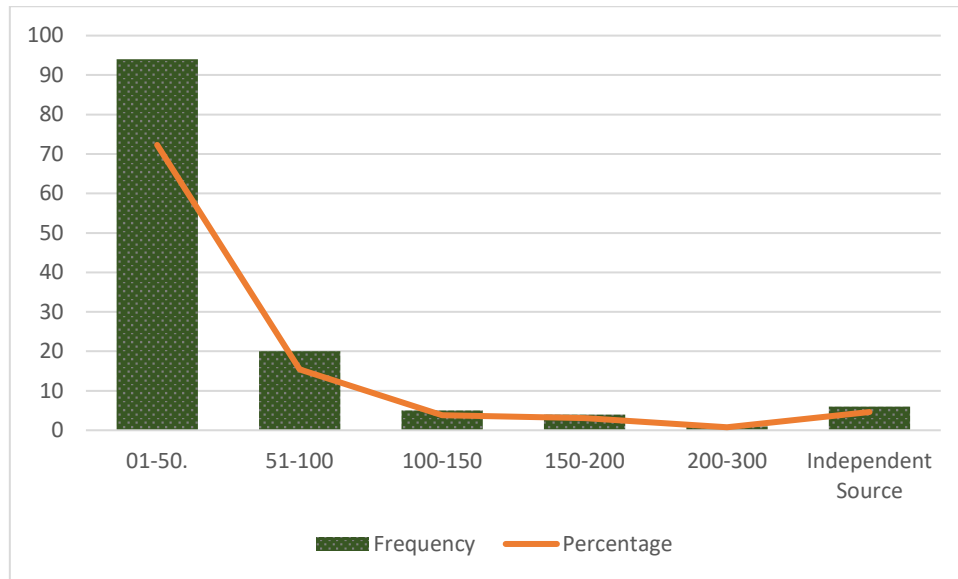| Source Numbers included in Reference	Frequency	Percentage
1-50	94	72.30
51-100	20	15.38
100-150	05	3.84
150-200	04	3.07
200-300	01	0.76
Independent Source	06	4.61

Fig. 8. The no. of references of articles or sources on the Bhagavad Gita

Distribution of sources on the Bhagavad Gita as per Geographical Regions
The sources of the articles on the geographical locations of the first author are mentioned below in Table 10 and graphical presentation in Fig. 9 and Fig. 10 respectively.

Table 10. Distribution of sources on The Bhagavad Gita as per Geographical Regions

| Studies done in India			Studies done in Abroad		
States	No of Sources	Percentage	Country	No of Sources	Percentage
Andhra Pradesh	01	0.76	Australia	01	0.76
Assam	04	3.07	Brazil	02	1.53
Delhi	08	6.15	Canada	03	2.30
Gujrat	02	1.53	England/UK	04	3.07
Jharkhand	01	0.76	Germany	01	0.76
Haryana	05	3.84	Israel	01	0.76
Karnataka	04	3.07	Indonesia	02	1.53
Kerala	04	3.07	Malaysia	01	0.76
Maharashtra	12	9.23	Norway	01	0.76
Madhya Pradesh	03	2.30	Nepal	06	4.61
Odisha	05	3.84	Romania	01	0.76
Pondicherry	01	0.76	Spain	01	0.76
Punjab	01	0.76	Sri Lanka	01	0.76
Rajasthan	05	3.07	Singapore	01	0.76
Tamil Nādu	06	4.61	USA	17	13.07
Tripura	02	1.53	Thailand	01	0.76
Telangana	04	3.07	Netherlands	02	1.53
Uttarakhand	01	0.76			
Uttar Pradesh	12	9.23			
West Bengal	03	2.30			
Total	84	64.61	Total	46	35.38
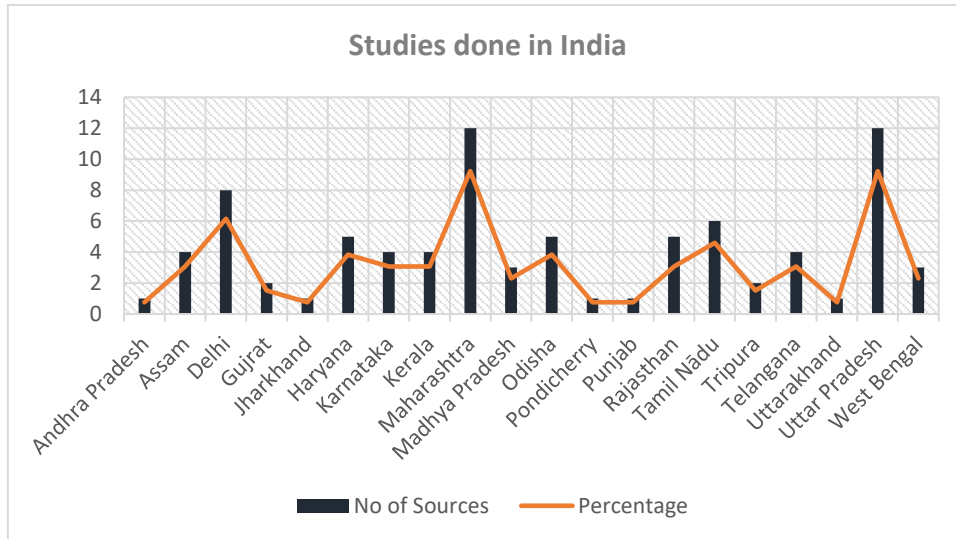
Fig. 9. Distribution of sources on The Bhagavad Gita as per Geographical Regions (India)
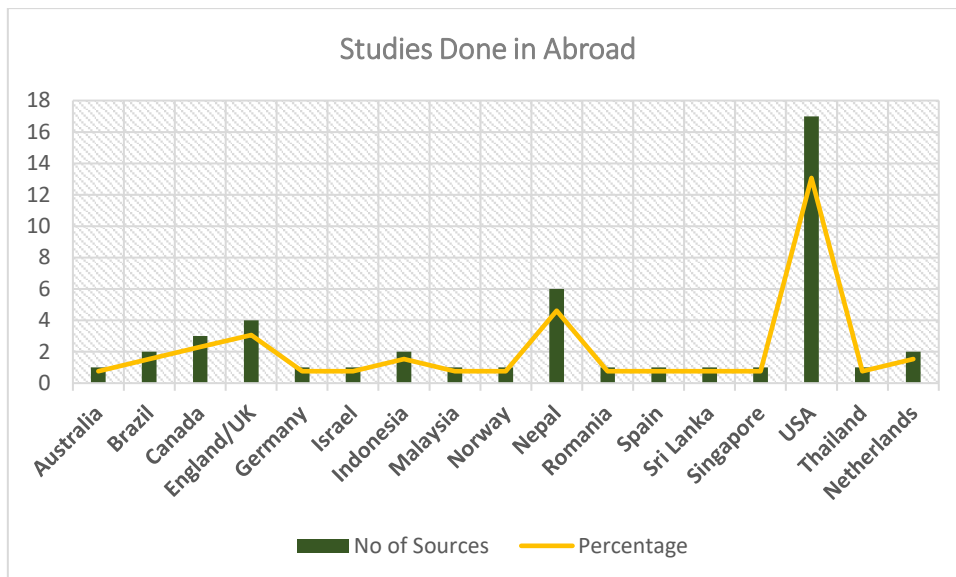

Fig. 10. Distribution of sources on The Bhagavad Gita as per Geographical Regions (Abroad)

IV.   Discussion

The present study has concentrated to categorize the sources on the Bhagavad Gita to find out the relation of the principles of the Bhagavad Gita in education. The sources contain the various studies in the domains of Covid 19 (3.07%), Mental Health (9.23%), Life Skills (3.84%), Professional development (3.07%), Pedagogical Practices (5.38%), Morality (2.30%), Spirituality (2.30%), Society (4.61%), Environment (1.53%), Philosophy (16.15%), Psychology (7.69%), Technology (0.76%), Science (2.30%), Law (2.30%), Literature (3.84%), Language (3.07%), Management (16.92%) and Theoretical Study (11.53%). The collected articles have been categorised under Journal Articles (74.61%), Thesis (14.61%), Books (6.15%) and Review Articles (4.61%). The sources have been collected form the years 2023 (3.07%), 2022 (4.61%), 2021 (11.53%), 2020 (9.23%), 2019 (9.23%), 2018 (11.53%), 2017 (10.76%), 2016 (5.38%), 2015 (7.69%), 2014 (3.84%), 2013 (6.92%), 2012 (3.07%), 2011 (3.84%), 2009 (0.76%), 2008 (2.30%), 2007 (1.53%), 2005 (0.76%), 2004 (1.53%), 2003 (0.76%), 2002 (0.76%), and 2000 (0.76%).The nature of study of the sources are categorized under Qualitative (92.30%), quantitative (6.92%) and mixed study (0.76%). The authors in the sources have been categorized as Single Authored articles (66.15%), Co-Authored i.e., articles including 2 authors (20.76%) and Multiple Authored i.e., articles having3 and more authors (13.07%). The references of the collected sources are also categorized as 1-50 references (72.30%), 51-100 sources (15.38%), 100-150 references (3.84%), 150-200 references (3.07%), 200-300 references (0.76%) and based on independent references (4.61%). The sources

of the study are taken from the various places in India and the world. The places of India are Andhra Pradesh (0.76%), Assam (3.07%), Delhi (6.15%), Gujrat (1.53%), Jharkhand (0.76%), Haryana (3.84%), Karnataka (3.07%), Kerala (3.07%), Maharashtra (9.23%), Madhya Pradesh (2.30%), Odisha (3.84%), Pondicherry (0.76%), Punjab (0.76%), Rajasthan (3.07%), Tamil Nādu (4.61%), Tripura (1.53%), Telangana (3.07%), Uttarakhand (0.76%), Uttar Pradesh (9.23%), West Bengal (2.30%). The countries in the world are Australia (0.76%), Brazil (1.53%), Canada (2.30%), England/UK (3.07%), Germany (0.76%), Israel (0.76%), Indonesia (1.53%), Malaysia (0.76%), Norway (0.76%), Nepal (4.61%), Romania (0.76%), Spain (0.76%), Sri Lanka (0.76%), Singapore (0.76%), USA (13.07%), Thailand (0.76%) and Netherlands (1.53%).

V.   Conclusion

The literature review has aimed to identify and analyze different ideas, theories, issues, trends, and research processes that are commonly linked with the field of the Bhagavad Gita in educational research. The role of the Bhagavad Gita has been analyzed in relation to the educational research encompassing various domains, types of sources, objectives of the research, methods of research, tools and techniques of data collection, sources based on geographical regions and so on. The following suggestions may be stated for further researches in describing the relations of the Bhagavad Gita in education.
1.   The research initiatives should be taken in the establishment of the theories empirically and in applied research.
2.   The future researches should be done using the concept of the Bhagavad Gita in modern innovative pedagogies for better innovation in the pedagogical approaches.
3.   More researches should be initiated in the domains like digital and e- learning pedagogy and the influence of the Bhagavad Gita in it.

Thus, the researchers have attempted to present research analysis topic using both qualitative and quantitative exposition through the application of a systematic literature review.

Declarations

Competing interest: There are no competing interests to declare.

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