



Research Paper

## Tutoring And Sexting

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**ABSTRACT:** *At the various levels of education, the implementation of tutoring programs have been the subject of various analyzes and continuous proposals due to its importance and the changes it has generated and what is expected of it. Tutoring is now considered as part of the teaching practice and as a possibility of transformation. The tutorial practice has modified its work in supporting students, as it is an opportunity to understand the meaning that tutorial accompaniment acquires. It allows the tutor to know how to interact and specify under which "care" he should implement his intervention. Confirming the need to seek answers to the new questions and problems that arise and that is when tutoring obtains special meaning (sexting, bullying). This process could not take place without being linked to a concept of innovative education and a new conception of teaching and mentoring. The analysis of the increasing opportunities for tutorial action and the dimensions in which each of the tutorial practices are developed and how the influence for integral formation of the students is carried out.*

**Keywords:** *Sexting, Tutoring, Bullying on line, Consequences.*

### I. INTRODUCTION

In adolescence youngsters who discover their first love relationship want to impress their couple and friends in many ways, (dressing, language, tattoos, piercing, hairstyles and so on) including sexting because they consider these attitudes catalog them as modern and liberal. However, these way of thinking exposes them to risky situations sooner or later, especially when a love relationship is over. Usually these boys and girls realize too late the consequences of sexting, specially when these videos, messages or photos begin to circulate throughout the school or are sent to relatives and friends and even unknown people.

### II. DEVELOPMENT

What is sexting? It started in the year 2005 in the United States of America, it is composed of two elements: technology and adolescents. It is the mixture of two words: sex and texting which describes the recording and sending of erotic text messages, photos and videos of a sexual nature with nudity or semi-nudity through a cell phone or the internet. When this activity starts it is almost always voluntary, and we say almost because it is also the result of apersistent insistence from one of the members of the adolescent couple that finally achieves its objective convincing the other one to show itself. The young adolescents see it as a simple flirt, to be "cool" with the boyfriend or friends. Article 12 of the Universal Declaration of Human Rights states: "No one shall be subjected to arbitrary interference with his private life, family, home or correspondence, or attacks on his honor or reputation. Everyone has the right to the protection of the law against such interference or attacks".

Progress within cyber-technology is creating new and ingenious ways to communicate between individuals, only that now there is also the risk of online victimization. In the case of young girls it is bad if they do sexting and bad if not, but in the case of boys the consequences affects them to a lesser extent and do not always panic for being published, its nothing more than a joke or humorous or funny attitude so it is "no big deal".

As tutors; How much do we know about this social technological anxiety and how it affects young adolescents who are cataloged by their youthful condition as vulnerable and in great need of protection? It is critical to understand the social context and behavior under which it occurs, in order to provide an adequate orientation we must be aware as teachers and tutors of the frequency and context in which the sexting among our students occur. We must review and learn about relevant material to familiarize ourselves with the perception

and participation of sexting among students, in order to lead them in a respectful and considerate way, especially in the case of girls. In some surveys and studies done in other countries, the results indicate that more young girls dare to send sexting material, this is an alarming condition because it is a broad door to trigger the danger of human trafficking. Instead teens consider that this helps them increase levels of sexual activity popularity and "experience".

Adolescence is a period in which some youngsters strive to establish themselves as independent authors of their life. Emancipation is associated with the change of various types of life patterns: family, social, moral, religion and their own personal codes of conduct. It is then, when through a cell phone, they have the opportunity to self-control their attitudes, friendships, tendencies and tastes. However, we should not overlook that in "society" men are rewarded with popularity for their many sexual achievements (experiences) but women incur into social and moral penalties for the same attitude sometimes by their own family, classmates, society and so on, (crazy, immature, offered or light etc .) While concerning research about sexting is still in process, it focuses mainly on what happens and not on the cause. As tutors we are morally obliged to care for students in a sexting case, for their reputation and the consequences. Especially because the messages or images sent, are not only left in the hands of the boyfriend / friends, but can reach people who they cannot even imagine, including sites in the network for adults where anyone with a web connection can download and save the image, video or photo for their Own Use. In Addition It Can Have Legal Consequences And Once Sent Through The Web There Is NO TURNING BACK!

**Recent studies by the University of Utah for the United States and several Latin American countries including Mexico after various investigations found that:**

- Among teenagers, 20% have sent naked or semi-naked photographs of themselves.
- That those who received such photographs in turn forwarded them to 2 or 3 others.
- Sexting was asked to 68% more to girls than to boys that is a 42%.
- The average age for sexting is from 14 to 17 years, and in late teens up to 22 years.

**Why do they do it?**

In the continuation of research there is no specific reason why a teenager resorts to sexting, but there are indicators that mark the following: Due to sex-curiosity, at a certain age in adolescence leads to exploration and experimentation in sexual matters. This is not new, almost everyone wants to know how the naked body of the high school classmates looks like. Another reason may be the pressure exerted by others, for example if you are a young boy whose friends have daring pictures of girls, will make fun of you if you don't want to have one. For girls in most cases initiates at the request of the boyfriend, and if your classmates or friends have already sent photos to their boyfriends they will convince you to do so, arguing that there is nothing wrong with it and will insist until you do it. Maybe because you're in love, when you know that he's the most handsome and you think "this is the good one" why not send a photo of you naked or half naked if you're willing to die for him? Because you are not thinking well, there is a part of the brain called the prefrontal cortex that is responsible for problem solving and impulse control. Unfortunately for adolescents, this area of the brain does not mature until the age of 20. It is a psychological reason that makes young people believe they are invincible!

Sexting has consequences not only for the sender, but also for those who receive and distribute the contents. It is very important a good advice on time whenever it is possible and the guidance of the tutor. In addition, in cases where they are under the age of 18, these nude or semi-nude photos fall under the category of child pornography, therefore this becomes a crime. This involves designing a response within the tutoring for a diverse reality, so that the tutorial action moves safely within a kind of comprehensive support and appropriate help for these cases, regardless of the source and deviation of the problem, providing a decisive support that contributes to the solution of the problem of sexting among students.

**Sexting Risks**

**As a tutor inform about the risks of sexting and invite your students not to participate because:**

- Sexting is not criminalized in the Criminal Code in many countries yet.
- Young people are the ones that suffer from the negative consequences of sexting.
- Now there are laws that penalize ONLY the actions connected to sexting.
- May fall in extortions and sexual blackmail with the help of the web.
- Risks of falling into the hands of people engaged in human trafficking.
- It gives rise to cyber-bullying and "damage to honor." (Think before Sexting).
- No opportunity to control what is published or delete on the internet.
- Network Criticism in Defense of Digital Rights that appeals to false morality and has an inadequate focus.

- One of six teens nowadays has received sexting messages and sent them to others.
- The society currently in the virtual context is not able to fully guarantee your security and privacy.
- Just to check your sex appeal (internet The Poisoned Candy)
- For some boys and girls it is only part of their usual "romantic" interactions.

### **What Options Of Participation Does The Tutor Have?**

At the heart of this approach is the idea that education is a social good and not just an academic one. All students need different aids; it is a premise that is based on new topics, problems and facts. In these cases tutoring should be adapted to the students needs, so that this offer is broad enough and diversified, to respond in an integrative way to each and every one of their needs. The need arises for the intentionality of the tutor and the sense of tutoring to be turned towards the student, since many times when not being able to adapt to the tutorial action plan, they are left in situations that are not conducive to the student.

The tutor can start the topic in the classroom by means of debates to know what their students think about sexting as a preventive measure (group or individual tutoring) in order to intervene and warn about the consequences of unwanted disclosure and to explain to the students who usually after a dating breakup, one of them will almost certainly be posting their photos as revenge. Tutors can tell them that all messages go through a system where Everything is permanently stored in the web, and to let them know that there are daily reports of security flaws in the online services that students use. Emphasize that they can be labeled morally and legally (felony / child pornography etc.) But above all, mention that there are alternatives to know how to act or what to say when someone asks you for an inappropriate photo. In the classroom the tutor may use role plays to show the importance of knowing how to Say No even if it is your boyfriend and encourage respect for themselves and others. It is very important to prevent before having to face the consequences of sexting such as discrediting, having to move out of school, home or even city and in extreme cases there are those who have reached the suicide (Amanda Todd Suicide).

Young adolescents rarely seek support from parents or relatives on sexual matters. Even in these cases, at least, parents should be encouraged to talk to their children, since adolescence distancing is an impulse for rebellion, but even so, there is a need in them for guidance, for being listened to (although at this stage they do not want to listen to anyone other than the "pals") and to pay attention to them, to show them love and consideration before pointing them out.

### **Some Other Options For The Tutors**

- The tutor can propose and develop campaigns, poster contests, or slogans in class and school.
- Talks and conferences about the topics of study: sexting, self-esteem, human trafficking and bullying.
- Create in them an awareness of sexual predators and anonymous perverts in the network. (Behind what you see)
- That the consequences can last for years ([www.thinkbeforesexting.mx](http://www.thinkbeforesexting.mx))
- Alert them to seek help and protect themselves online.
- Propose projects or policies among students that help in cyber bullying.
  - Inform the student that this subject will be treated in a healthy environment with respect. (Sexting, do not produce it, do not provoke it!)
- Propose a policy on sexting in your school made by students, if there is already one in your institution publish it where it is visible. (Norms of use of computers)
- Place an alert box so that the student can anonymously report a case.
- Encourage them to put aside fear and shame and to come and ask for guidance or help.

## **III. CONCLUSIONS**

In Mexico, the only cases of this type that were conducted publicly and legally were two: At the beginning of 2011, a father reported to the Mexican police that on You Tube he was amazed to find a video of his daughter having sexual relationships, and that they noticed it only after their daughter's cell phone received aggressive and sexual messages and the guy that did and record the video, directly send the video to a pornography page and then to the entire University in Veracruz where the victim studied. In that same year a young woman learned that she had been raped by several youngsters between 17 and 23 years old who recorded the video with a cell phone and it was known through, when sent to some of her friends. Weeks later the video had spread to the whole school. The case was able to be reported through the intelligence of the victim's father who asked the aggressors to apologize in the network with his daughter and with the evidence he called the police. They remain fugitives up to date.

We can conclude that the consequences of sexting can be very serious because you can never really know **who, when or where** they may be seeing your photos, and that they can end up in the hands of dangerous people, not just your boyfriend.

With the emergence and evolution of new technologies, new problems are also emerging in society and affecting mainly young boys and girls, since sexting has "become a fashion." The consequences are always negative and sometimes even tragic, as this is a serious damage to their reputation. The teenagers use sexting as fun but without perceiving the consequences and the psychological difficulties that they will have to face. Everything is possible thanks to new technologies and mass media, but it is our responsibility as tutors, to make them see that there is a great difference between what is public and what is private, and that everything depends on the type of information that they are willing to share. It is very important to raise awareness and inform them of the risks they will face each time they make this, and how it will affect their personal integrity. Let them know that in some countries now, sexting begins to receive attention from the media and authorities after sexting incidents. It is of paramount importance to know that in some countries in their penal system exists legislation in this respect to support accusations of this nature, but not as sexting. (For example in Mexico, Art.184 of the Criminal Code of the Federal District).

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