



Research Paper

Assessment of quality of life in normal individuals using the sf-36 questionnaire; A Review article

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D'sliva C Agrawal R.(2016) conduct a study on 400 individuals using convenient sampling to assess the quality of life in normal individuals using the SF-36 questionnaire between 35 to 60 years males & females who are suffering from any disease and above middle class were included. Docts analysis was done using the SPSS session 14 and results showed that the physical component of quality of life of persons between 35-44 years is good as compared to the other groups. The mental factor of quality of life is higher in individual between 35-44 years than in 54-60 year as groups 45-54 years. Showed poor results the physically and mentally quality of life of males much better then females no effect of education on quality of life of normal individuals conclusion the quality of life of middle class Indian peoples as per SF-36 scoring is ground 75 on 100.mental factors scores are better than physical factors .quality of life of male are better then female quality of life reduces as aging processes and no effect of education on quality of life.

Our views

- The scale SF-36 is very effective and easily reliable to fine the quality of life factors in human beings.
- It can help us to make judgment easy by asking pre set questionnaires.
- Everybody can use it very easily
- It is easy for patients also to follow the question pattern

